



BIO MATRIX M.D.

*"In our practice, we recommend only the finest natural supplements that have proven records of measurable benefit for patients. It is our belief that this product, along with strict adherence to your program instructions given during your office visit will enhance your quality of life and bring significant relief."*

*Bio Matrix M.D.*

*Saw Palmetto Plus*

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**Why These Natural Ingredients?**

Saw Palmetto Extracts, Nettles Root Extracts and Pygeum Bark Extracts affect prostate health in different ways, and their combination in a single formula causes a synergistic effect over single ingredient formulas.

**Saw Palmetto**

Studies have shown Saw Palmetto to increase urinary tract function, reducing symptom scores, nocturia, and improving peak urine flow rate. Saw Palmetto was also shown to have fewer side effects than a comparative prescription drug, while giving statistically the same benefit to the body.

**Nettles Root**

Helps maintain a normal rate of cell proliferation within the prostate by acting on the Na<sup>+</sup>/K<sup>+</sup> ATPase enzyme. Nettles may also decrease the negative effects of androgens on the prostate while inhibiting prostate cell growth.

**Pygeum**

Helps maintain normal effects of growth factors on prostate cells thereby maximizing normal function in the prostate. Pygeum was shown to inhibit growth factors responsible for prostatic overgrowth, while reducing prostatic inflammation by inhibiting lipoxigenase enzyme activity.

One study of men with BPH showed prostate symptom scores reduced by 40%, quality of life scores improved 31% and nocturnal urination frequency reduced by 32% — all with 50mg of Pygeum, twice daily for two months.

**Supplement Facts**

Serving Size 1 Capsule		Serving Value	
Serving		Amount Per	% Daily
1 capsule contains		Serving	Value
Zinc	8 mg	53%	
<small>(as Chelazome® Amino Acid Chelate)</small>			
Selenium	50 mcg	71%	
<small>(as Amino Acid Complex)</small>			
Copper	500 mcg	25%	
<small>(as Lysinate)</small>			
Saw Palmetto Fruit Extract	300 mg	*	
<small>(Standardized to contain 45-55% Fatty Acids)</small>			
Nettles Root Extract	120 mg	*	
<small>(Standardized to contain 30ppm Scopoletin)</small>			
Pygeum Bark Extract	50 mg	*	
<small>(Standardized to contain 25% Phytosterols)</small>			

**Saw Palmetto Plus**

SUGGESTED USE: As a dietary supplement, 1-2 capsules per day or as recommended by your health care professional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:  
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